



3 DAY EMERGENCY PREPAREDNESS CHECKLIST

- 3 Gallons of Water Per Person
 - [Zephyrhills Spring Water Case Bundles](#)
- Non-Perishable Food
 - [Emergency Entrée Kit](#)
- One Power Bank Per Phone
 - [Anker Magnetic Power Bank](#)
 - [Anker Portable Charger](#)
- Emergency Weather Alert Radio
 - [Midland ER40 Emergency Crank Weather Alert Radio w/Flashlight](#)
- Flashlights w/Batteries
 - [Anker Rechargeable Bolder LC90 LED Flashlight](#)
 - [EverBrite 6-Pack Mini Flashlights, Glow in Dark Flashlights](#)
- First Aid Kit
 - [Lightning X Stocked EMS/EMT Trauma & Bleeding First Aid Responder Medical Backpack + Kit](#)
 - [First Aid Only 91484 Basic First Aid Kit First Responder Bag with Bleed Control](#)
 - [First Aid Only All-Purpose First Aid Emergency Kit](#)
- Emergency Whistle
 - [Fox 40 Sonik Blast whistle](#)
 - [DAILYCARRYCO. Titanium Whistle](#)
- Dust Mask for Contaminated Air
 - [3M Particulate Respirator](#)
 - [3M Reusable Respirator Half Facepiece 7503](#)
 - [3M P100 Respirator Cartridge/Filter 60926](#)



- Moist Towelettes
 - [Cottonelle Fresh Feel Flushable Wet Wipes](#)
 - [DUDE Wipes - Flushable Wipes](#)
- Garbage Bags (Assortment of Sizes for Various Needs)
 - [Glad Trash Bags with Clorox 4 Gallon](#)
 - [Glad Trash Bags w/Leak Protection & Odor Shield 13 Gallon](#)
 - [Hefty Ultra Strong Trash Bags 30 Gallon](#)
- Non-Sparking Wrench or Pliers to Turn of Utilities
 - [6in Aluminum Bronze Adjustable Wrench](#)
 - [10in Non-Sparking Groove Joint Pliers](#)
- Can Opener
 - [Manual Can Opener w/Magnet](#)
 - [The Original Gorilla Grip Heavy Duty Manual Can Opener](#)
 - [Commercial Oneida Easy Crank Can Opener Heavy Duty](#)
- Local and National Paper Maps
 - [National Geographic Road Atlas 2025](#)
 - [Delorme Atlas & Gazetteer: Florida](#)
- Prescription Medications & Glasses
- Infant Formula & Diapers
 - [Similac 360 Total Care Infant Formula](#)
 - [Pampers Swaddlers Overnights Diapers](#)
- Dog Food, Water (2 Gallons), & Pet Supplies
 - [Nature's Recipe Grain Free Salmon, Sweet Potato & Pumpkin Recipe](#)
 - [Arrowhead Mountain Spring Water](#)



- Waterproof Case for Important Family Documents Such As Passports, Birth Certificates, SSN Cards, Insurance Policies, & Bank Account Records
 - [Nanuk 903 Small Waterproof Hard Case](#)
 - [Pelican 1200 Case With Foam](#)
- Cash & Change
- First Aid Reference Material
 - [ACEP First Aid Manual 5th Edition: The Step-by-Step Guide for Everyone](#)
 - [First Aid Laminated Reference Guide](#)
- Sleeping Bag or Warm Blanket for Each Person
 - [Coleman Kompact Sleeping Bag](#)
 - [Coleman Kids 50°F Sleeping Bag](#)
- Complete Change of Clothing Including but not limited to a Long Sleeve Shirt, Long Pants, & Sturdy Shoes
- Fire Extinguisher
 - [FIRST ALERT HOME2PRO Rechargeable Compliance Fire Extinguisher, UL RATED 2-A:10-B:C, Red](#)
 - [LifeSafe Technologies StaySafe All-in-1 Portable Fire Extinguisher](#)
- Matches & Fire Starters
 - [Zippo Typhoon Matches](#)
 - [Forney 86102 Striker](#)
 - [2 Pack Waterproof Lighter for Outdoor, Windproof Torch Lighter, Dual Arc Butane Electric Lighter](#)
- Personal Hygiene, Feminine Supplies, & Sanitizer
 - [Purell Advanced Hand Sanitizer](#)
 - [Man on the Go, 11-Piece Kit](#)
 - [Women on the Go, 11-Piece Kit](#)



- Mess Kits, Cups, Paper Towels, & Toilet Paper
 - [2 Person Mess Kit](#)
 - [1 Person Mess Kit](#)
 - [Set of 12 Drinking Cups - 10oz](#)
 - [Bounty Quick Size Paper Towels](#)
 - [Charmin Ultra Soft Toilet](#)
- Pen & Paper
 - [3 × 5" Waterproof Notepad Notebook with Weatherproof Pen and Fabric Notebook Cover](#)
- Books, Games, Puzzles, & Other Activities for Children
 - [Uno Original & Uno Flip](#)
 - [Bicycle Rider Back Playing Cards](#)
 - [What Do You Meme?](#)
 - [Phase 10](#)
 - [Bicycle Dice Set](#)
 - [Kicko Premium Classic Domino Set](#)